

Blue

Give colorwork a try with this simple pattern, written top-down for DPNs. If you're ready to try designing your own patterns, you can omit the chart patterning and instead think of this as a basic sock template.



by Melissa Harr

Materials:

Size U.S. 1 DPNs (or size needed to achieve gauge)

50 grams fingering weight yarn (suggested yarn -- Knit Picks Stroll Sock Yarn, 1 skein)
(MC)

25 grams fingering weight yarn in a contrasting color (suggested yarn -- Knit Picks Stroll
Sock Yarn, 1 skein) (CC)

Stitch marker

Large-eyed yarn needle

Scissors

Tape measure

Row counter

Gauge:

7 stitches and 10 rows to 1 inch in Stockinette stitch

Finished measurements:

Cuff and foot have an 8-inch circumference. Foot length is variable.

Abbreviations:

k - knit

p - purl

St st - Stockinette Stitch

k2tog - Knit 2 together

ssk - Slip, slip, knit

p2tog - Purl 2 together

WS - wrong side

RS - right side

MC - Main color

CC - Contrasting color

Instructions:

LEG:

Using MC, cast on 56 stitches. Divide stitches over 3 needles and join without twisting.

Place a marker between the first and second stitches to indicate the beginning of the round. For simplification, the needle at the beginning of the round will be called Needle 1, the needle at the end of the round will be Needle 3, and the middle needle, Needle 2.

Round 1: k2, p2 to end.

Repeat this round 8 more times (for a total of 9) or until ribbing reaches desired length.

Work 3 rounds St st (knit every stitch in each row).

Join CC and work 1 repeat of chart (see end of pattern). Break CC, work 3 rounds St st.

HEEL:

At the beginning of the next round, work across 14 stitches on Needle 1, then slip the last 14 stitches on Needle 3 to this 'heel needle' - 28 stitches for the heel. Divide the remaining 28 stitches on two needles to be worked later.

Work the heel back and forth (flat) as follows:

Row 1 (WS) - Slip 1 as if to purl, purl to last st, k1.

Row 2 (RS) - Slip 1 as if to purl, *k1, slip 1**, repeat from * to ** until the last stitch, k1. Repeat these 2 rows 12 more times (for a total of 13 repeats or 26 rows). You'll end having just worked a RS row.

TURN HEEL:

Row 1: (WS) Slip 1 as if to purl, p15, p2tog, p1, turn

Row 2: (RS) Slip 1 as if to purl, k5, ssk, k1, turn

Row 3: Slip 1 as if to purl, p6, p2tog, p1, turn

Row 4: Slip 1 as if to purl, k7, ssk, k1, turn

Row 5: Slip 1 as if to purl, p8, p2tog, p1, turn

Row 6: Slip 1 as if to purl, k9, ssk, k1, turn

Row 7: Slip 1 as if to purl, p10, p2tog, p1, turn

Row 8: Slip 1 as if to purl, k11, ssk, k1, turn

Row 9: Slip 1 as if to purl, p12, p2tog, p1, turn

Row 10: Slip 1 as if to purl, k13, ssk, k1, turn

Row 11: Slip 1 as if to purl, p14, p2tog

Row 12: Slip 1 as if to purl, k14, ssk

16 stitches remain

GUSSET:

With RS of heel facing, pick up and knit 1 stitch in each of the slipped stitches along the edge of the heel flap plus 1 stitch in the corner (16 stitches created). Knit the instep stitches onto one needle. Pick up and knit 1 stitch in the corner and 1 stitch in each of the

slipped stitches along the second edge of the heel (16 stitches created). Knit 8 stitches from the ‘heel needle’ onto this third needle. There will be 24 stitches on Needle 1, 28 stitches on Needle 2, and 24 stitches on Needle 3, making the beginning of the round at the middle of the heel.

DECREASE:

Round 1: Knit

Round 2: Work to 3 stitches from the end of Needle 1, k2tog, k1. Knit across Needle 2. For Needle 3, k1, ssk, k to end.

Repeat these 2 rounds until there are 56 stitches remaining. Work in St st until foot measures 3.5 inches less than desired finished measurement. Join CC and work 1 repeat of chart. Break CC, work 2 rounds St st.

DECREASE FOR TOE:

Round 1: Needle 1 - Knit to 3 stitches from end of needle, k2tog, k1. Needle 2 - k1, ssk, knit to 3 stitches from end of needle, k2tog, k1. Needle 3 - k1, ssk, knit to end of round.

Round 2: Knit

Repeat these 2 rounds until 16 sts remain. Knit the stitches from Needle 1 onto Needle 3 so that the stitches are arranged on 2 needles (8 stitches on each) with the yarn coming from the end of one of the needles. Complete the toe using Kitchener stitch.

Chart

MC = pink, CC = yellow

					Row 7
					Row 6
					Row 5
					Row 4
					Row 3
					Row 2
					Row 1